



Pelvic PT

Pelvic Physical Therapy addresses conditions like urinary incontinence, pelvic pain, organ prolapse, and sexual dysfunction. By empowering people with education and personalized treatment plans, we aim to enhance overall wellness, decrease pain, restore function, and improve quality of life.

Physical Therapy

- Bladder Incontinence
- Bladder Urgency
- Sexual Dysfunction
- Pelvic Pain
- Back/Hip Pain
- Pelvic Organ Prolapse
- Pre and Post Natal Care

Call today for your
initial evaluation
585-482-5060

*A referral may be
required by your PCP,
OB/GYN or urologist.



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📞 585-482-5060

www.wellness360fitness.com